



A warm welcome to a different solution-focused experience:

A Creative Silence Workshop

Inspired by stories of people getting together silently to read, write and think while learning, Anton Stellamans (Ilfaro, Belgium) and Jonas Wells (SFLK, Sweden) are offering a space for engaging with the most important resource available to us – that is you and your resources.

The space is created with very few parametres:

1. **We work on something related to solution-focused practice** (reading, writing, watching, thinking, drawing, meditating, composing, a project or any other creative work...)
2. We work **in silence** with all our microphones turned off (and no talking even in the chat) – although we could do breakout rooms...
3. **After 90 minutes we engage with each other and share**, if you like to, what are you particularly happy about what emerged for you in the past 90 mins.

This is an experiment and the first, and possibly only, time is Friday the 15th of May at 14.00-16.00 CEST.

If you interested in reading more about what we are attempting, have a look here:
<https://www.theguardian.com/technology/2020/apr/26/show-but-dont-tell-why-silent-zooms-are-golden-for-focusing-the-mind>

Zoom link: <https://zoom.us/j/98318550211?pwd=QWhPOCtQbCtKYTRhWitocGZsbHMzQT09>
Password: 440055

Time: Friday 15th of May between 14.00-16.00 (Central European Time).

No registration necessary and it is free of charge

Please note that our Zoom account enables a maximum of 100 participants

A warm warm welcome to all!

Anton Stellamans & Jonas Wells